

# ***Army Substance Abuse Program***



# ***ASAP Mission***

- The ASAP mission is to enhance readiness by preventing the adverse effects of alcohol and other drugs in the community
- The ASAP is a commanders program and services are designed to support all soldiers, family members and DA civilians.

# ***Coming Home***

- Personnel redeploying face unique challenges as they return to their communities, units, and families
- For some, the stresses associated with this process will be complicated by the abuse of alcohol and/or illicit drugs

# ***The ASAP Response***

- To reduce the risk associated with alcohol and drug abuse or misuse and its impact on unit readiness and family functioning the 26<sup>th</sup> ASG ASAP will offer redeploying personnel and their family members a “Free Screening” interview.

# ***What is a “Free Screening”?***

To reduce the stigma of a command referral the ASAP will offer a one-time screening interview with an ASAP counselor. This interview will be confidential and without the involvement of the soldier's chain-of-command.

# ***What can I expect?***

- An ASAP counselor will meet with personnel for the purpose of exploring the nature of the alcohol or drug problem
- The counselor will provide information about appropriate resources and tell the individual about the degree to which they should be concerned.

# ***What can I expect?***

- The counselor will conduct a risk assessment and, if more in-depth counseling is indicated, the individual will be encouraged to seek formal ASAP or other counseling services

# ***Are there exceptions to the confidentiality?***

- Yes. Mental Health guidelines require disclosure of information in certain situations to protect the public. Those exceptions are –
  - If the ASAP counselor determines the individual is suicidal or homicidal, he/she must report it.
  - If the individual is involved in child or spouse abuse it must be reported.



# ***Do I Need an Appointment?***

- It is best to call ahead for an appointment, but walk-ins will be seen as staff are available.

# ***How Long Will This Service Be Available?***

- The 26<sup>th</sup> ASG ASAP will continue to offer this service to redeploying personnel and their families throughout the three phases of integration:
  - Redeployment Phase
  - Post-Deployment Phase
  - Reconstitution Phase

# ***26<sup>th</sup> ASG Army Substance Abuse Program***

- Successful reintegration is critical to the readiness of soldiers, civilian employees, families, and units. Commanders are encouraged to use this valuable resource and help them return to personal readiness and reintegrate smoothly into the Army in Europe.